

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
Region XII

RNC XII RESOLUTION NO. 02, Series of 2015

**ENJOINING ALL LOCAL GOVERNMENT UNITS TO PROCURE/FABRICATE
FUNCTIONAL HEIGHT BOARDS FOR ALL THEIR RESPECTIVE BARANGAYS IN
SUPPORT OF THE OPERATION TIMBANG Plus (OPT +)**

WHEREAS, the Governing Board of the National Nutrition Council in its Resolution No. 2, s. 2008 adopted the World Health Organization-Child Growth Standards (WHO-CGS) for measuring the weight and height of 0-5 years old (or pre-school) children in the Philippines;

WHEREAS, the Department of Health Administrative Order (DOH-AO) No. 2010-0015 entitled "Revised Policy on Child Growth Standards", specified that, the growth and development of 0-5 years old children shall be assessed by measuring their weights and heights regularly;

WHEREAS, with the adoption of WHO-CGS, the annual weighing or Operation Timbang (OPT) of all pre-school children has been expanded to include the measurement of **length** for children less than 2 years old and the **height** for those with ages 2 to 5 years, or what is now called the **OPT Plus**;

WHEREAS, based on OPT Plus, the growth and measurement of children 0-5 years old (0-71 months) shall be assessed by measuring their weights and heights/lengths regularly, viz:

- a) For children 0 to less than 2 years (0-23 months) old, their weights and lengths shall be measured once a month;
- b) For children 2-5 years (24-71 months) old, their weights and heights shall be measured twice a year;
- c) The weight and height of a child shall also be measured every time he/she comes in contact with health care system, e.g. when the child is sick and brought to the health center for consultation; and,
- d) The weight and height of children 0-71 months old taken during the Operation Timbang (OPT) shall be done once a year (January to March) and will cover at least 16.2% of the total population.

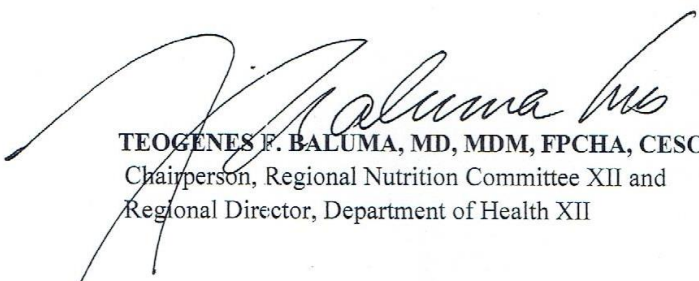
WHEREAS, in measuring the height of children, the World Health Organization has recommended the use of wooden height boards and prescribed specific technical specifications for the procurement or fabrication of calibrated and verified height boards;

WHEREAS, despite the availability of policy guidelines issued by DOH on the adoption of CGS, the inventory made by the RNC XII Secretariat revealed that, as of June 2015, only 58% of the total barangays in Region XII have procured/fabricated the recommended wooden height boards;

NOW, THEREFORE, on motion of Mr. Elban Iglupas of PopCom XII and unanimously seconded, **BE IT RESOLVED AS IT IS HEREBY RESOLVED**, that the Regional Nutrition Committee (RNC) XII enjoin all Local Government Units in the region to procure/fabricate functional height boards that are compliant with the Fabrication, Verification and Maintenance Guidelines of wooden height boards, for all their respective barangays, and ensure compliance to the guidelines on Operation Timbang Plus.


RESOLVED FURTHER, that a copy of this resolution be furnished to all members of the RNC XII and all LGUs in the region, for information and/or appropriate action.

APPROVED, this 1st day of July 2015 at the City of Koronadal, South Cotabato, Philippines.



TEOGENES F. BALUMA, MD, MDM, FPCHA, CESO III
Chairperson, Regional Nutrition Committee XII and
Regional Director, Department of Health XII

Attested:



ARCELI M. LATONIO
Regional Nutrition Program Coordinator
National Nutrition Council, RO XII
Head, RNC XII Secretariat